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TEACHING AND LEARNING TECHNIQUE FOR ACADEMIC RESEARCH (TARch) - MODULE VOLUME 2

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Cover Photo: Syahirah Yahya

FIRST PUBLISHED IN 2024

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ISBN 978-967-2736-37-0

Published by:

Politeknik Tun Syed Nasir Syed Ismail

Hab Pendidikan Tinggi Pagoh, KM 1, Jalan Panchor, 84600 Pagoh, Johor Darul Takzim.

Tel: 06-974 2288 Fax: 06-974 2395



Cataloguing-in-Publication Data

Perpustakaan Negara Malaysia

A catalogue record for this book is available from the National Library of Malaysia

eISBN 978-967-2736-37-0



PREFACE

TEACHING AND LEARNING TECHNIQUE FOR ACADEMIC RESEARCH (TARch) - **MODULE VOLUME 2** is a text written by the instructors of DMK40142 (*Project 1* - *Proposal and Research Methodology*), DMT40162 (*Seminar*), DMK50203 (*Project 2* - *Implementation and Evaluation*) and DMT50194 (*Project*) courses in Department of Chemical and Food Technology, Politeknik Tun Syed Nasir Syed Ismail. This book is a continuation of *TEACHING AND LEARNING TECHNIQUE FOR ACADEMIC RESEARCH (TARch)* - *MODULE VOLUME 1*. The content of the module consists of the step-by-step guidance to present the obtained data from the designed research project starting from:-

CHAPTER 5: RESULTS AND DISCUSSION

CHAPTER 6: CONCLUSION AND RECOMMENDATIONS

CHAPTER 7: REPORT WRITING

The book highlights the concept of student-centric approach and contributes to pedagogical advancements in research education discourse. This book aims to help new students who are starting their research journey by guiding them in presenting their main points, discussing their results, drawing conclusions from their research, and providing recommendations for future studies. In Politeknik Tun Syed Nasir Syed Ismail, this book is focusing on Semester 5 of Diploma and Semester 2 of Foundation in Engineering Technology.

The complete techniques starting from *TEACHING AND LEARNING TECHNIQUE FOR ACADEMIC RESEARCH (TARch) - MODULE VOLUME 1*, followed by *TEACHING AND LEARNING TECHNIQUE FOR ACADEMIC RESEARCH (TARch) - MODULE VOLUME 2*, complement with *TEACHING AND LEARNING TECHNIQUE FOR ACADEMIC RESEARCH (TARch) - PROGRESSION FORM*, providing the use of teaching aids and measurement to assess the impact of the content on both educators and students.

Finally, we welcome comments and suggestions from all parties, particularly fellow academics, to enhance future editions of the book. Your input is valuable for improving future editions of the book.

Authors,

DR. NOORUL JANNAH ZAINUDDIN SYAHIRAH YAHYA RAZ ZARINDA MOHD RASHID



ACKNOWLEDGEMENT

Alhamdulillah, TARch has finally been published. As a sign of gratitude, we would like to express our appreciation to the wonderful people who supported our journey in completing this book.

At the top of the list is our Head of the Department of Chemical and Food Technology, Politeknik Tun Syed Nasir Syed Ismail, Ts. Sazaliana Binti Sapian, for her encouragement, support, and permission to test run the module in the department.

The second appreciation goes to the lecturers and students who have been incredibly supportive and cooperative in utilizing the technique in the teaching and learning sessions. Their feedback and suggestions have been the driving force behind the creation of this technique.

We are also very grateful to our team involved in publishing this book, particularly our language checkers, Madam Rohaya binti Mohamed Bahari and Miss Wirdawati binti Ahmad @ Mohd Isa. Thank you for your guidance in the publication process.

Last but not least, special recognition goes to our families for their tremendous support in our work and studies. Your unwavering encouragement has been invaluable.

Our biggest hope is that this technique will guide and assist future researchers in starting their exciting research journeys. Best wishes and happy exploring.

AUTHORS,

Dr. Noorul Jannah binti Zainuddin Syahirah Yahya Raz Zarinda binti Mohd Rashid



MODULE 1

- INSTRUCTIONAL/ TEACHING SESSION CONDUCTED BY LECTURER FOR CHAPTER 1
 - STUDENT CENTRIC ACTIVITY USING PROGRESSION FORM 1
- REVIEW SESSION LED BY LECTURER DISCUSSING THE PROGRESSION FORM 1 IN CLASS
- SELF-EDITING THE PROGRESSION FORM 1
- DISCUSSION PROGRESSION FORM 1 WITH SUPERVISOR
 *RETURN TO PREVIOUS STEP FOR IMPROVEMENT
- INSTRUCTIONAL/ TEACHING SESSION CONDUCTED BY LECTURER FOR CHAPTER 2
- STUDENT CENTRIC ACTIVITY USING PROGRESSION FORM 2



9

REVIEW SESSION LED BY LECTURER
DISCUSSING THE PROGRESSION FORM 2
IN CLASS

10

SELF-EDITING THE PROGRESSION FORM 2

n

DISCUSSION PROGRESSION FORM 2 WITH SUPERVISOR

*RETURN TO PREVIOUS STEP FOR IMPROVEMENT

12

INSTRUCTIONAL/ TEACHING SESSION CONDUCTED BY LECTURER FOR CHAPTER 3

13

STUDENT CENTRIC ACTIVITY USING PROGRESSION FORM 3

14

REVIEW SESSION LED BY LECTURER DISCUSSING THE PROGRESSION FORM 3 IN CLASS

15

SELF-EDITING THE PROGRESSION FORM 3

15

DISCUSSION PROGRESSION FORM 3 WITH SUPERVISOR

*RETURN TO PREVIOUS STEP FOR IMPROVEMENT



INSTRUCTIONAL/ TEACHING SESSION CONDUCTED BY LECTURER FOR CHAPTER 4

PROPOSAL DEFENCE
PRESENTATION SLIDE REVIEWED BY
SUPERVISOR USING PROGRESSION FORM 4.1

STUDENT CENTRIC ACTIVITY ON PROPOSAL WRITING

PROPOSAL REVIEWED BY SUPERVISOR USING PROGRESSION FORM 4.2

MODULE 2



21

MODULE 2

- (Objective 1)
 STUDENT CENTRIC ACTIVITY USING PROGRESSION FORM 5
- DISCUSSION PROGRESSION FORM 5 WITH SUPERVISOR
 *RETURN TO PREVIOUS STEP FOR IMPROVEMENT
- (Objective 2)
 STUDENT CENTRIC ACTIVITY USING PROGRESSION FORM 5
- DISCUSSION PROGRESSION FORM 5 WITH SUPERVISOR
 *RETURN TO PREVIOUS STEP FOR IMPROVEMENT
- (Objective 3)
 STUDENT CENTRIC ACTIVITY USING PROGRESSION FORM 5
 *If applicable
- 27 DISCUSSION PROGRESSION FORM 5 WITH SUPERVISOR
 *RETURN TO PREVIOUS STEP FOR IMPROVEMENT
- STUDENT CENTRIC ACTIVITY USING PROGRESSION FORM 6



DISCUSSION PROGRESSION FORM 6 WITH SUPERVISOR
*RETURN TO PREVIOUS STEP FOR IMPROVEMENT

FULL REPORT WRITING





USER TIMELINE

Plan your research timeline according to your study learning time (SLT) in your course information.

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Week	TARch - Module Volume 1 (CHAPTER 1)	Brainstorming idea	Problem statement	Objective	Scope of Study	Title	DISCUSSION PF 1 WITH SUPERVISOR	TARch – Module Volume 1 (CHAPTER 2)	Point Out Keyword	Research Question	Scholar Finding and Reference	Create Related Subtopic	Rearrangement of LR content	DISCUSSION PF 2 WITH SUPERVISOR	TARch - Module Volume 1 (CHAPTER 3)	Research Framework	List of Methods	Procedure for Each Method	Chemical and Apparatus Listing by Method Category	Accumulation of Chemical Cost Estimaton	DISCUSSION PF 3 WITH SUPERVISOR	TARch - Module Volume 1 (CHAPTER 4)	Presentation (PF 4.1)	Writing Proposal (PF 4.2)
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Supervision

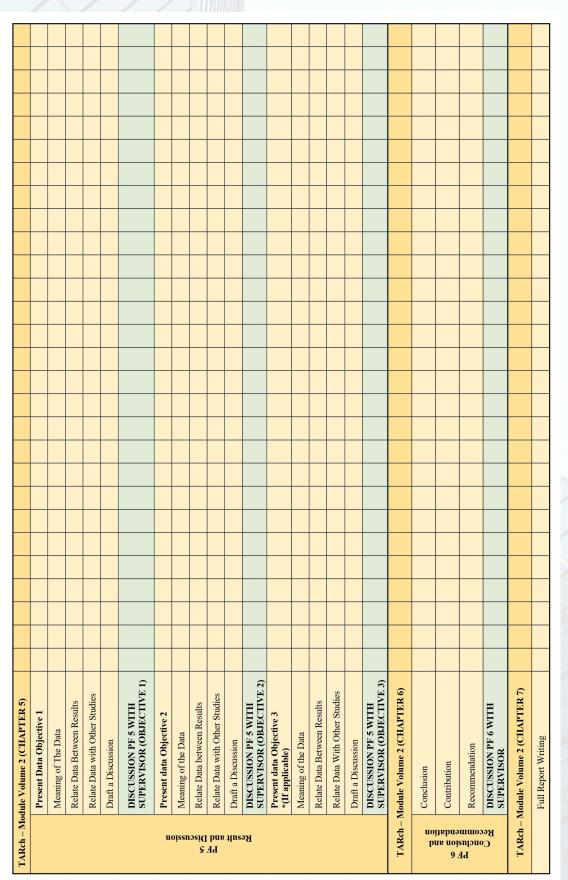
Student-Centric Approach

Pedagogigal Method



USER TIMELINE

Plan your research timeline according to your study learning time (SLT) in your course information.



Student-Centric Approach

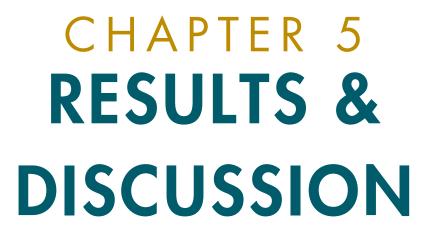
Supervision

Pedagogigal Method



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COMPARISON OF RESULT AND DISCUSSION
RESULT AND DISCUSSION WRITING TEMPLATE
WRITING RESULT AND DISCUSSION USING
CHATGPT



CHAPTER 5

Result and Discussion



INTRODUCTION:

In academic writing, result and discussion section is a vital part that **present** and **interpret** the findings of your research.



Research findings based on the information gathered. (WHAT?)



Metal A and B displayed different effects after being treated with a water solution for one hour where metal B became rusty and changed its original color

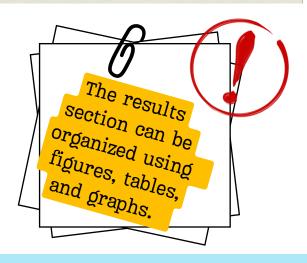


Figure 1: Two types of metals with different physical conditions

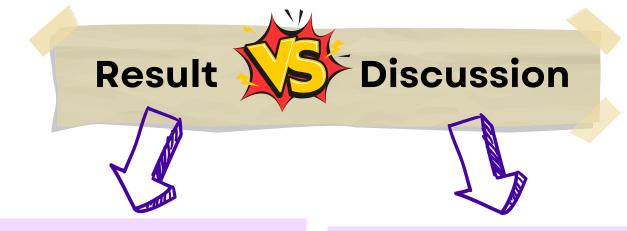
Interpretation / explanation of the findings (HOW / WHY?)

EXAMPLE 1

Physical changes that happen to metal B are due to the corrosion process. The four main factors that affect corrosion are the presence of impurities on the metal surface, variations in temperature around the metal and inappropriate surface conditions

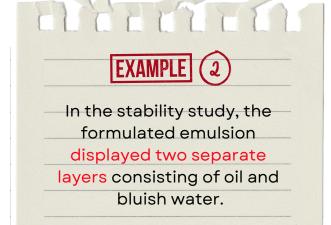






Research findings based on the information gathered. (WHAT?)

Interpretation / explanation of the findings (HOW / WHY ?)





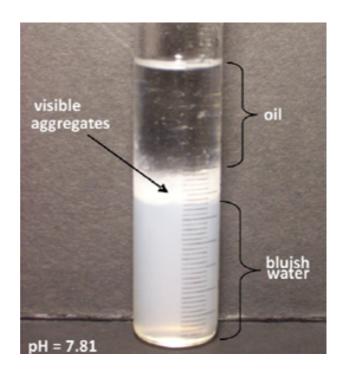




Figure 2: The formulated emulsion after stability study





RMRCL Technique

1. RESULT

State your result in the form of statement/ table/ graph/ spectrum/ others

2. MAIN FINDINGS

Statement of the result-WHAT

3. REASON

Importance of your Finding - (WHY/ HOW)

4. CURRENT STUDIES

Relationships among result studies - (Correlation / Connection)

5. LITERATURE STUDIES

Relationships with other result studies - (Correlation / Connection)

Feel free to rearrange the arrangement according to your own storyline





According to Figure 1, the reformulated bakery products elaborated with whole flours, intending to increase the fiber amount, showed great differences in color compared to the control ones. Crust color is affected by the Maillard reaction between reducing sugars and amino acids during baking. The lighter color of the crust in the reformulated product could be due to the higher moisture content of this product. The result is in agreement with differences found for crust color measures (see Figure S1, Supplementary Materials). The L*, b*, and hue values were higher in reformulated products, whereas a* was higher in control products. Differences in CieL*a*b* measures for crust and crumb have also been reported in vegan muffins (Rahman et al.2020).

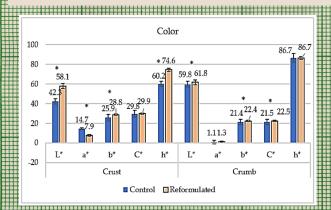


Figure 3. Color parameters of control and reformulated cakes. The results are expressed as mean values.



Figure S1. Control and reformulated cake

^{*}Figure 3 and S1 was adapted from: Rahman et al. 2020





The use of aloe vera in nano-emulsions had significant effects on their radical scavenging activity (p<0.05). It can be seen in Table 3 that the antioxidant activity of the nano-emulsions increased with increasing aloe vera concentration. Previous studies have shown that aloe vera owes its antioxidant property due to the presence of compounds such as polysaccharides and flavonoids (Hu et al. 2003). According to particle size analysis, antioxidant activity is higher in a smaller particle size which is the nano-emulsion compared to regular emulsion. Previously, Liu et al. 2018 found that antioxidant activity can be affected by particle size due to maximum surface area, which in turn enhances the transfer of bioactive compounds into the formulation.

Table 3. DPPH Radical scavenging activity of nanoemulsions produced with different concentrations of *Aloe vera* and eugenol

Aloe vera (g/L)	Eugenol (mL/L)	Nano emulsion	Regular emulsion
	0	$0.00^{Cc} \pm 0.00$	$0.00^{Ca} \pm 0.00$
0	15	$70.89^{Bc} \pm 1.56$	$61.58^{Bc} \pm 1.35$
	30	$75.67^{Ac} \pm 1.49$	$69.13^{Ac} \pm 1.32$
	0	$0.99^{\text{Cb}} \pm 0.02$	$0.24^{Ca} \pm 0.02$
10	15	$78.89^{Bb} \pm 2.22$	$71.38^{Bb} \pm 1.10$
	30	$89.12^{Ab} \pm 0.89$	$82.96^{Ab} \pm 1.63$
	0	$2.21^{Ca} \pm 0.16$	$1.26^{Ca} \pm 0.11$
20	15	$80.29^{Ba}\!\pm2.95$	$76.32^{Ba} \pm 1.58$
	30	$97.04^{Aa} \pm 0.94$	$95.65^{Aa} \pm 1.68$

Different capital letter shows the difference between eugenol concentration and different small letters shows difference between *Aloe vera* concentrations (P<0.05).

Make sure all facts are cited, with all citations from the last five years

^{89.12&}lt;sup>Ab</sup>± 0.89 82.96^{Ab}± 1.63
2.21^{Ca}± 0.16 1.26^{Ca}± 0.11
80.29^{Ba}± 2.95 76.32^{Ba}± 1.58
97.04^{Aa}± 0.94 95.65^{Aa}± 1.68
neugenol concentration and different small letters <0.05).

^{*}Table 3 was adapted from: Liu et al. 2020



Writing result and discussion by using ChatGPT



Understand your requirements:

Clearly define your needs.

Add related information

Provide necessary
background
information to help
ChatGPT understand
the task better.

Focus:

Focus the topic into a specific or single task to receive a relevant response.

Interaction:

Feel free to ask for amendments of the suggested sentences such as to simplify or change certain words.



Writing result and discussion by using ChatGPT



Compile all the results and arrange them in the most organized and presentable arrangement.

Transform the results into different forms to increase the clarity and impact of the research findings.

Graph

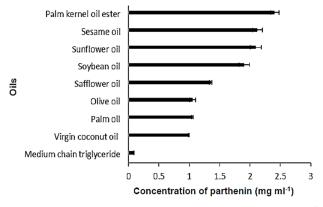


Figure 4.7: Solubility of parthenin in different oils

Don't forget to label all the results Spectrum 120 100 Transmittance (%) 80 2947.08 cm⁻¹ 60 40 3379.61 cm⁻¹ (C=O stretch) 1718.50 cm

Figure 10: FTIR spectrum of organic compounds extracted by using ethanol from banana peel

Table

Germination percentage (GP) for D. ocimifolia seed treated by different concentrations of PHCE and PHNE.

Sample	Concentration (g L ⁻¹)	GP (%)
Control	0	75.00 ± 3.53^{ab}
	1	83.75 ± 8.93^{a}
	2	68.75 ± 6.50^{b}
PHCE	5	8.75 ± 4.15^{d}
	10	0.00 ± 0.00
	15	0.00 ± 0.00
	1	70.00 ± 3.54^{ab}
	2	$31.25 \pm 7.40^{\circ}$
PHNE	5	0.00 ± 0.00
	10	0.00 ± 0.00
	15	0.00 ± 0.00

Data are mean (±S.E) of four replicates. Means by different superscript letter (a to d) are significantly different at p < 0.05

Image

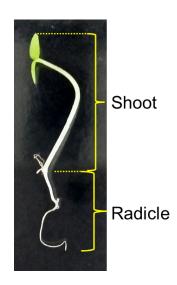


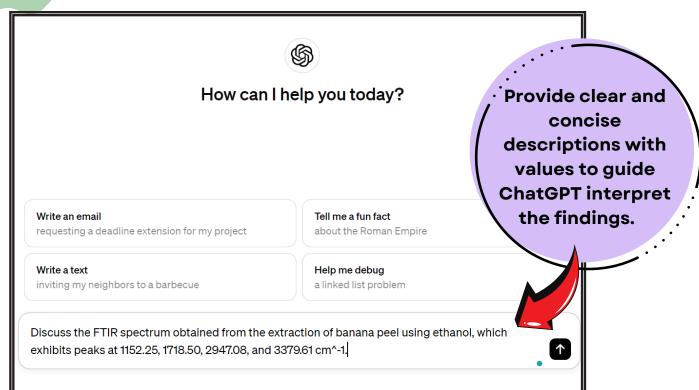
Figure 3: Two main parts of germinated seed



Writing result and discussion by using ChatGPT

2

Write the related keywords as prompts in ChatGPT.





references.

ChatGPT

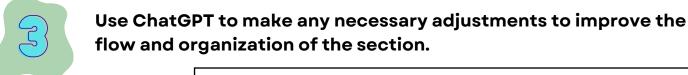
The FTIR spectrum obtained from the extraction of banana peel using ethanol reveals important information about the chemical composition of the extract. Let's discuss the significance of the observed peaks at 1152.25, 1718.50, 2947.08, and 3379.61 cm^-1:

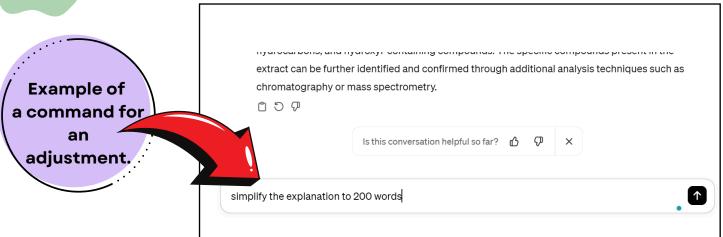
- Peak at 1152.25 cm^-1: This peak may correspond to specific vibrational modes associated with functional groups present in the extract. Without further information or comparison with reference spectra, it's challenging to definitively assign this peak. However, it could be indicative of certain C-O or C-N stretching vibrations, which are commonly observed in organic compounds.
- Peak at 1718.50 cm^-1: This peak likely corresponds to the stretching vibration of carbon-oxygen double bonds (C=O stretch). The presence of this peak suggests the presence of carbonyl groups in the extract, which are commonly found in compounds such as aldehydes, ketones, carboxylic acids, or esters.
- 3. Peak at 2947.08 cm^-1: This peak corresp ψ s to the stretching vibration of carbon-hydrogen bonds (C-H stretch). The presence of this peak indicates the presence of organic compounds.

Message ChatGPT...

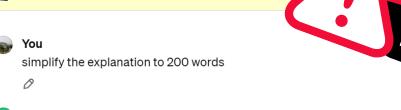


Writing result and discussion by using ChatGPT





Before fully utilizing all the wording as part of your report writing, paraphrase and insert a citation to ensure academic INTEGRITY.



ChatGPT

The FTIR spectrum of banana peel extract with ethanol as solvent shows peaks at 1152.25, 1718.50, 2947.08, and 3379.61 cm^-1. These peaks indicate the presence of specific chemical groups. The peak at 1152.25 cm^-1 suggests the presence of alcohol (ethanol). At 1718.50 cm^-1, it indicates carbonyl groups found in compounds like esters or ketones. The peak at 2947.08 cm^-1 corresponds to aliphatic hydrocarbons, possibly from lipids or waxes. Finally, the peak at 3379.61 cm^-1 indicates hydroxyl groups, implying the presence of alcohols (from ethanol) and potentially phenols or carbohydrates. Overall, the spectrum suggests the banana peel extract contains a mix of alcohols, carbonyl-containing compounds, aliphatic hydrocarbons, and hydroxyl-containing compounds. Further analysis can identify specific compounds present in the extract.

0 0 7



Finding informations from scientific article or journal



Research title:

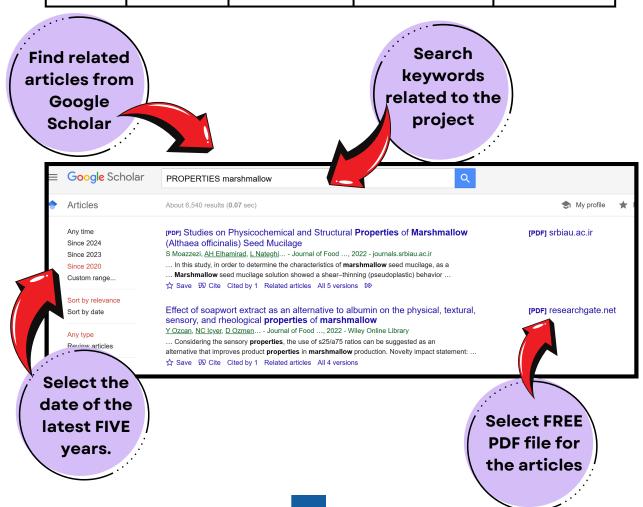
The Investigation of Physicochemical Properties of Gelatinous Marshmallow with Banana Peel Extract

Objective:

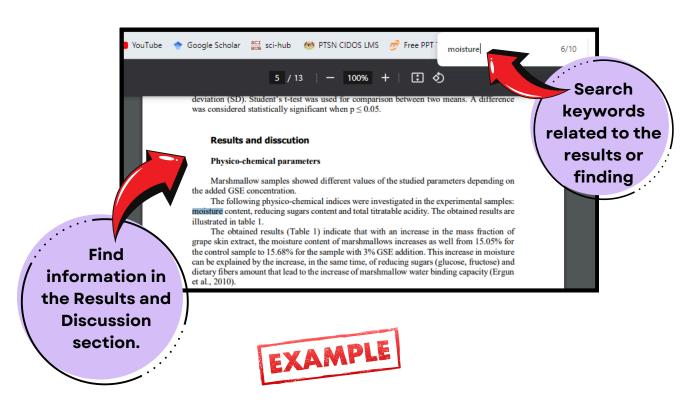
To analyse the stability of marshmallow.

Results:

Sample	Banana Peel Extract (%)	Moisture Content (%)	Density (g/cm3)	Total acidity
А	20	12.5±0	49±0	2±0.2
В	30	14.2±0	50±0	3±0.2
С	40	14.6±0	50±0	7±0.1







- **1. Main Findings –** The higher the banana peel extract in marshmallow production, the higher the moisture content of the marshmallow.
- **2. Reason -** The increasing of moisture content can be explained by the increasing of reducing sugar (Boaghe et. al., 2021) and dietary fiber (Azarudeen & Nithya, 2021) which leads to the increasing of water binding capacity of marshmallow.



The obtained results (Table 1) indicate that with an increase in the mass fraction of grape skin extract, the moisture content of marshmallows increases as well from 15.05% for the control sample to 15.68% for the sample with 3% GSE addition. This increase in moisture can be explained by the increase, in the same time, of reducing sugars (glucose, fructose) and dietary fibers amount that lead to the increase of marshmallow water binding capacity (Ergun et al., 2010).

and everyday life [21,22,23]. Banana peel has a high source of total dietary fiber (43 - 49%), crude protein (6 - 9%), crude fat (3.8 - 11%), starch (3%), and

- **3. Current studies -** The result of moisture content is aligned with its density. This correlation can be seen between Marshmallow A and Marshmallow B. The higher the moisture content, the higher the mass of marshmallow leading to a higher density. However, Marshmallow B and Marshmallow C contained similar moisture content resulting to the same density.
- **4. Literature studies -** Boaghe *et. al.* (2021) has produced marshmallow from grape seed extraction. The results obtained indicate the increase in the mass fraction of grape skin extract (GSE), the moisture content of marshmallows increases as well from 15.05% for the control sample to 15.68% for the sample with 3% GSE addition.



Physico-chemical characteristic of the marshmallow							
Moisture,%	Reducing sugar,%	Titratable acidity, mEq/l					
15.02±0.19	14.05±0.24	7.63±0.11					
15.21±0.21	14.11±0.16	7.80±0.09					
15.45±0.15	14.15±0.18	7.82±0.13					
15.68±0.23	14.21±0.22	8.01±0.08					
	Moisture,% 15.02±0.19 15.21±0.21 15.45±0.15	Moisture,% Reducing sugar,% 15.02±0.19 14.05±0.24 15.21±0.21 14.11±0.16 15.45±0.15 14.15±0.18					





- **1. Main Findings –** The higher the banana peel extract in marshmallow production is also resulting in the increasing of acidity.
- **2. Reason -** It might be due to the presence of polyunsaturated fatty acid in banana skin especially linoleic acid and α linoleic acid (Azarudeen & Nithya, 2021).



and everyday life [21,22,23]. Banana peel has a high source of total dietary fiber (43 - 49%), crude protein (6 - 9%), crude fat (3.8 - 11%), starch (3%), and polyunsaturated fatty acids (PUFA) especially linoleic acid α linoleic acid. It includes essential amino acids such

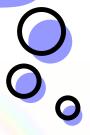
- 3. Current studies Not related.
- **4. Literature studies -** GSE Marshmallow produced by Boaghe *et. al.* (2021) was also resulting in increasing of acidity from 7.63% to 8.01% when the extraction was increased from 0% to 3%. However, the difference results with banana peel marshmallow might be because of the different types of extraction was added.



The fact that the titratable acidity of marshmallow samples increases from 7.63 to 8.01 with increasing GSE concentration is confirmed by the presence of three major acids in grape skin (Le Moigne et al., 2008). The presence of organic acids from natural plant extracts has been associated with the possibility of extending the shelf life of sugar confections like fruit paste, jelly candy and others (Anand et al., 2013).













TARCH-PROGRESSION FORM



CHAPTER 6 CONCLUSION & RECOMMENDATION

TEMPLATE FOR CONCLUSION
EXAMPLE OF CONCLUSION WRITING
AI TOOLS



CHAPTER 6

Conclusion and recommendation



INTRODUCTION:

Conclusion is the final section that **summarizes the key findings**, discusses their implications, and provides a sense of closure to the reader.

TEMPLATE FOR CONCLUSION

- Restate your main research statement addressed in the introduction section (research problem).
- Summarize your main arguments, important findings, and broader implications (significant of study).
- Synthesize key takeaways from your study (contributions).
- Limitation
- Recommendation : propose actionable steps (whats next?).





CONCLUSION WRITING EXAMPLE

PROJECT TITLE: Antioxidant and Functionality Evaluation of Green Cosmeceutical Herbal Face Cream Containing Mangosteen Peel Extract

Green cosmeceutical herbal face creams containing standardized mangosteen (Garcinia mangostana) peel extract which are skinfriendly and physically stable were successfully formulated. The uniqueness of the mangosteen creams was demonstrated by the absence of SLS, sulfides, parabens and alcohol that frequently cause skin irritation. This study demonstrated that mangosteen peel extracts were stable after being subjected to various stability tests and were shown to have antioxidant and anti-tyrosinase activity. It was observed that the addition of extracts did not have a significant influence on the parameters related to functionality (foaming properties and viscosity). Hence, mangosteen-based cream is expected to be used as a safe and effective alternative to synthetic antioxidant and whitening products. The development of green cosmeceutical mangosteen herbal face cream helps boost the local economy and increase the chance of international collaboration. Furthermore, the utilization of fruit waste such as mangosteen peel reduces waste generation and achieves sustainability development goals advocated by the United Nations. This study only focuses on antioxidant and functionality thus, randomized controlled trials should be conducted to evaluate the antiaging and pigmentation control effects of mangosteen-based facial cream in order to complete its functionality as a cosmeceutical cream products.



Writing conclusion and recommendation by using ChatGPT







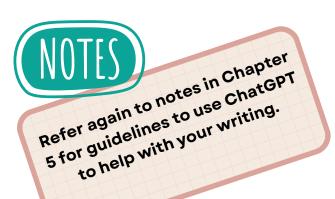


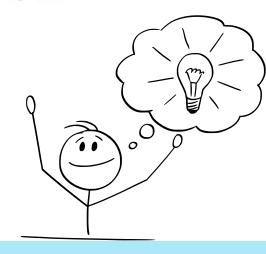






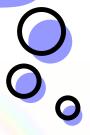


















LET'S TRY PROGRESSION FORM 6



CHAPTER 7 REPORT WRITING

ELEMENT IN FINAL REPORT
SAMPLE OF FINAL REPORT
GUIDELINE FOR ABSTRACT WRITING

CHAPTER 7

Report Writing



INTRODUCTION:

A structured report with good formatting allows the content to be easy to read, visually appealing, and professional-looking. The proposed structured content for the final project report includes two main parts namely;

Elements in the final project report



- Cover
- Title
- Authenticity Declaration
- Acknowledgement
- Abstract
- Table of Content
- List of Table
- List of Figure
- List of Symbol
- List of Abbreviation

part of the report

- Chapter 1 Introduction
- Chapter 2 Literature Review
- Chapter 3 Methodology
- Chapter 4 Result and Discussion
- Chapter 5 Conclusion and Recommendations
- References
- Appendixes



REMEMBER!



Refer to TARch Module volume 1 (chapter 4) for guidelines on technical settings





Sample of Final Project Report

This section provides sample for chapter; 'Result and Discussion' and 'Conclusion and Recommendation'.
The other parts of report writing can be referred to TARch Module volume

1 (Chapter 4)



Disclaimer: The following writing sample serves as an example of a Final Project Report and is not directly associated with any ongoing or prospective studies. The arrangement of sentences may vary based on the objectives and creativity of the author.

Refer to TARch Module volume 1 (chapter 4) for guidelines on technical settings

4.1 EXTRACTION OF RAMBUTAN SEED OIL

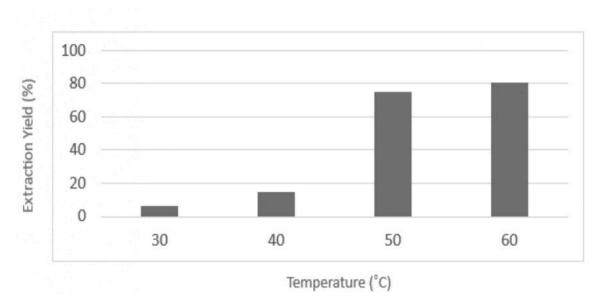


Figure 4.1: Oil percentage yield from different extraction temperature.

According to Figure 4.1, increasing extraction temperature, increase the extraction yield. Temperature $60 \, \text{C}$ gives the highest extraction yield where 60% of oil was recovered from the process. At low temperature $(30-40 \, \text{C})$, the yield was significantly low compared to extraction at temperature $50-60 \, \text{C}$. The increase in extraction yield was contributed by the fact that temperature affect the solubility of oil in solvent. The higher the temperature, the higher the solubility of oil in hexane (Muhammad *et al.* 2020; Elbert & Low 2019). The result was in agreement with study conducted by Sulaiman *et al.* 2022 where the optimum extraction yield of mango seed was achieved at $50-60 \, \text{C}$ by using hexane as the solvent.

4.2 SAPONIFICATION OF RAMBUTAN SEED OIL

Rambutan seed oil undergoes saponification analysis to determine its fatty acid composition and suitability for various applications. This method involves the hydrolysis of triglycerides in the oil to form soap, enabling quantitative analysis of its constituent fatty acids. By referring to Table 1, the saponification value for rambutan seed oil is in the range of 155 - 157 mg KOH/g of oil while the

saponification value of palm oil is in the range of 188 to 189 mg KOH/g. Comparing the saponification values of rambutan seed oil and palm oil, it can be observed that rambutan seed oil has a lower saponification value compared to palm oil. This difference suggests variations in the chain length and composition of fatty acids present in these oils. A higher saponification value indicates a shorter average chain length of fatty acids, while a lower value suggests longer chains. (Ibraheem *et al.* 2020; Fateh & Noura 2019). Based on data given, seed oil from rambutan have a wide potential in soap production as it contained suitable fatty acid composition. According to Hazim 2020, vegetable oil with saponification value in the range of 150-190 mg KOH/g are suitable for bar soap application due to its higher melting point properties.

Table 4.1: Saponification value of rambutan seed oil and palm oil.

Sample	Rambutan seed oil. (mg KOH/g)	Palm oil (mg KOH/g)
1	157.21	188.65
2	155.60	189.80
3	157.86	188.02

4.3 CHARACTERIZATION OF RAMBUTAN SEED OIL SOAP

Table 4.2: pH value, total alkali, and moisture content of rambutan seed oil.

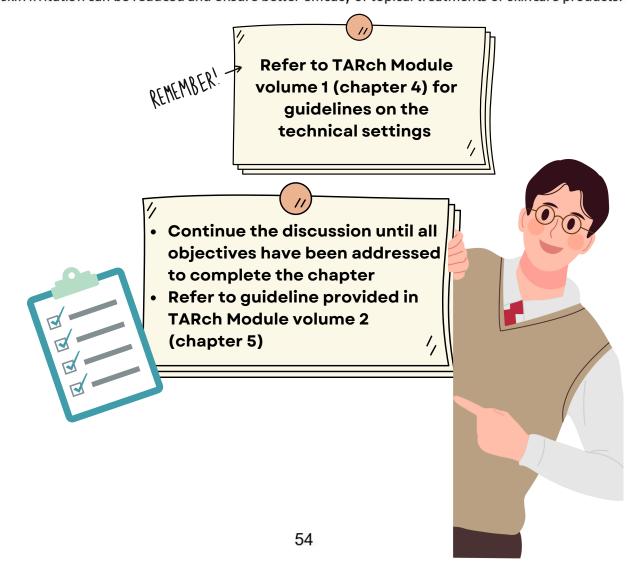
Sample	1	2	3
pH value	4	5.5	9
Total alkali content	4.48	5.48	8.31
Moisture content	7.4	9.1	1.7

The characterization of rambutan seed oil soap was detailed in Table 4.2, focusing on three key parameters: pH value, total alkali content, and moisture content. These analyses were conducted to understand its composition and potential applications. Notably, sample 3 exhibited the highest pH value, indicating an alkaline characteristic, while samples 1 and 2 displayed mild acidic characteristics with pH values of 4.0 and 5.5, respectively. Sample 3 also demonstrated the highest total alkali content among all soaps, whereas sample 1 exhibited the lowest total alkali content. The variations in NaOH composition during soap production directly influenced the pH values, with higher NaOH compositions resulting in higher pH values, and vice versa. The pH of healthy skin is between 4.5 and 5.5. The too



alkaline soap led to bad effect for baby skin (Amponash, 2014). In 2013, Braun *et al.* compared the effect of washing infants with syndet (pH 5.5) or soap (pH 9.5). They found that in younger infants (0–4 weeks of age) the syndet recover the rashes skin surface pH toward acidic values in short-term effect. Therefore, the pH value of sample 2 appears to be well-suited for the delicate nature of baby skin, offering a balance that promotes comfort and hydration without causing irritation or disrupting the skin's natural protective barrier. This finding suggests that the formulation of sample 2 may be particularly beneficial for use in products intended for infants and young children, where maintaining skin health and minimizing the risk of adverse reactions is very important.

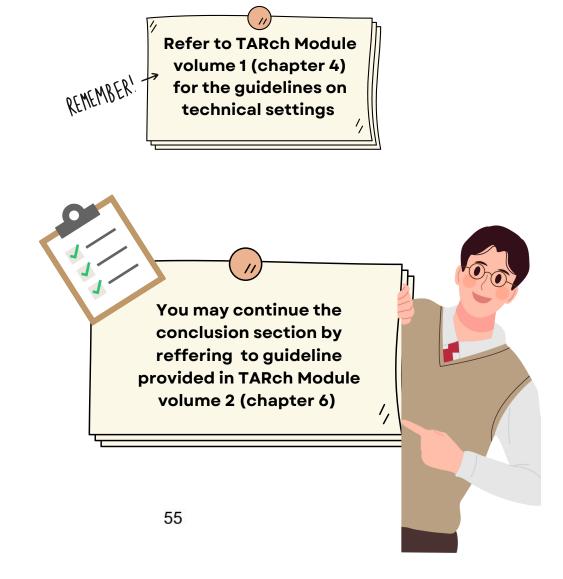
Additionally, Table 4.2 illustrates the moisture content in the soap, with sample 2 having the highest volatility, followed by sample 1 and sample 3. Higher composition of rambutan seed oil, resulted in increased moisture content. This is because, rambutan seed was extracted using steam-distillation method and according to the result in Figure 4.1, the optimum temperature for rambutan seed extraction method was 50 °C. The temperature is below water boiling point. Therefore, the steam during extraction might be remained in the rambutan seed extraction. At occluded areas, excess moisture may enhance percutaneous absorption (Britney *et al.*, 2013). Hence, it is advisable to lower the moisture content to an appropriate level through a drying procedure. By taking this step, the risk of skin irritation can be reduced and ensure better efficacy of topical treatments or skincare products.



CHAPTER 5

CONCLUSION AND RECOMMENDATIONS

Exploring the utilization of rambutan seed oil presents an avenue for innovation in soap formulation, offering the potential for new product developments and bolstering the competitive edge of soap manufacturers. The findings from this study indicate that rambutan seed oil shows promise as a substitute for palm oil in soap production, evidenced by its favourable saponification value and compatibility with desired pH levels, total alkali content, and moisture levels. Moving forward, it is advisable to conduct additional research to assess the consistency and cleansing efficacy of rambutan oil soap compared to existing commercial products. This deeper investigation will contribute to a better understanding of its versatility and potential applications in the market.



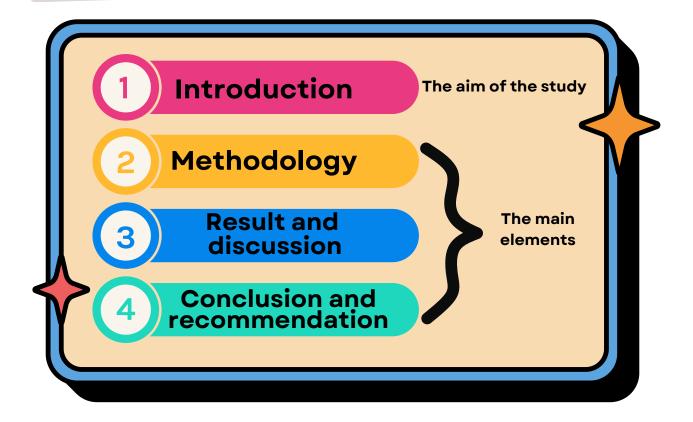




INTRODUCTION:

An abstract is a short summary of a longer work such as report that concisely outline the aims and outcomes of the research, to provide readers with an understanding of the whole content.

Content of an abstract:







Example of abstract writing

The present study revealed the optimization of nanoemulsions containing palm oil derivatives and Parthenium hysterophorus L. crude extract (PHCE) as herbicide formulations. pre-emergence The nanoemulsion formulation was prepared by high-energy emulsification method, and it was optimized by a mixture experimental design (MED). From the optimization process, analysis of variance (ANOVA) showed a fit quadratic polynomial model with an optimal formulation composition containing 30.91% of palm kernel oil ester (PKOE), 28.48% of mixed surfactants (Tensiofix and Tween 80, 8:2), 28.32% of water and 12.29% of PHCE. Under the optimal condition, the smallest particle size obtained was 140.10 nm, and the particle was shown by morphology analysis to be spherical and demonstrated stability (no phase separation) centrifugation and different storage conditions (25 ± 5°C and 45 °C). Nanoemulsion stored for 60 days exhibit a monodisperse emulsion with a slight increase in particle size. The increase in particle size over time might have been contributed by the Ostwald ripening phenomenon which is shown by a linear graph from the Ostwald ripening rate analysis. In the in vitro germination test, P. hysterophorus nanoemulsion (PHNE) was shown to cause total inhibition of D. ocimifolia seed at a lower concentration (5 g/L) as compared to PHCE (10 g/L). The findings of the research could potentially serve as a platform for the development of palm oil based formulations containing plant crude extract for green weed management.







Conclusion and recommendation



ARIAL 12PT 1 PARAGRAPH 1.0 SPACING

The present study revealed the optimization of nanoemulsion containing palm oil derivatives and Parthenium hysterophorus L. crude extract (PHCE) as pre-emergence herbicide formulation. The nanoemulsion formulation was prepared by high energy emulsification method, and it was optimized by mixture experimental design (MED). From the optimization process, analysis of variance (ANOVA) showed a fit quadratic polynomial model with an optimal formulation composition containing 30.91% of palm kernel oil ester (PKOE), 28.48% of mixed surfactants (Tensiofix and Tween 80, 8:2), 28.32% of water and 12.29% of PHCE. Under the optimal condition, the smallest particle size obtained was 140.10 nm, and the particle was shown by morphology analysis to be spherical and demonstrated good stability (no phase separation) under centrifugation and different storage conditions (25 ± 5°C and 45°C). Nanoemulsion stored for 60 days exhibits monodisperse emulsion with a slight increase of particle size. The increase in particle size over time might have contributed by Ostwald ripening phenomenon which is shown by a linear graph from Ostwald ripening rate analysis. In the in vitro germination test, P. hysterophorus nanoemulsion (PHNE) was shown to cause total inhibition of D. ocimifolia seed at lower concentration (5 g/L) as compared to PHCE (10 g/L). The finding of the research could potentially serve as a platform for the development of palm oil-based formulation containing plant crude extract for green weed management.



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Syahirah Yahya, an enthusiastic educator and researcher at Politeknik Tun Syed Nasir Syed Ismail (PTSN) since 2020, previously served as a part-time tutor at Tamhidi Center, USIM, in 2019. In addition to her teaching profile, her research has been published in various indexed journals, including Renewable Energy, Materials Today: Proceedings, the Asia Pacific Journal of Educators and Education, and the Malaysian Journal of Science, Health, and Technology. Beginning in 2019, she started her research career as the editor of the Malaysian Journal of Science, Health, and Technology. Concurrently, she achieved second place in the 3-Minutes Thesis Competition at USIM, leading to participation in the Falling Walls Lab AIMST 2019 competition. Her notable research achievements include winning the Best Thesis Award in Hadiah Analis 2019 in the Master Category, the Best Manuscript Award 2020 (USIM), the Best Master Student Award 2020 (USIM) in the Best Thesis Category, the Best Extended Abstract Award in the Multi-disciplinary Innovation Competition (IMIC2021), and the Best Extended Abstract Award in the International Innovation Competition (INNOCOM) 2022. While at PTSN, she gained extensive experience teaching project courses over nine sessions spanning semester 4 and semester 5. Leveraging her accumulated expertise and skills, she aspires that the development of TARch will aid students in their academic journey with structured guidance to achieve positive educational outcomes.

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Raz Zarinda, an exceptional academic force, has been illuminating Politeknik Tun Syed Nasir Syed Ismail (PTSN) as a captivating lecturer since 2021. Her journey began in 2015 at Politeknik Pagoh as a part-time lecturer, marking the inception of her commitment to knowledge dissemination. With notable contributions to publications such as the National Technology Research in Engineering and the Design and Social Science Conference 2022 (nTrends'22), Zarinda has become a prominent scholar. Her brilliance extends to her remarkable achievements at the Malaysian Polytechnic and Community College Sustainability Award (MPCCSustAWARD'23), where she secured both the Best Paper and Best Presenter accolades. As a dynamic leader, she moderates conferences like the International TVET Academic and Research Symposium (ITARS 2023), Strengthening Scientific Writing Webinar and facilitates workshops on grant proposal writing. Zarinda's impact on student success is evident in guiding mentees to victory in competitions like IDEA'22 and securing awards in innovative projects. Internationally recognized as a jury member in competitions such as the International Research and Innovative Technology Competition (i-RITEC'23), she continues to shape minds in her role as a lecturer and coordinator for the Seminar Course, collaborating on this TARch innovative modules. Raz Zarinda stands as a beacon of scholarly excellence, enriching the academic landscape with her unwavering dedication and invaluable contributions in developing TARch with her team.



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TEACHING AND LEARNING TECHNIQUE FOR ACADEMIC RESEARCH (TARCH) - MODULE VOLUME 1

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